BuscoMint

sanofi

Peppermint oil 0.2 ml gastro-resistant capsule, soft

peppermint oil

Read all of this leaflet carefully before you start taking this medicine because it contains important information for you.
Always take this medicine exactly as described in this leaflet or as your doctor or pharmacist has told you.
- Keep this leaflet. You may need to read it again.
- Ask your pharmacist if you need more information or advice.
- If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. See section 4.
- You must talk to a doctor if you do not feel better or if you feel worse after 2 weeks.

What is in this leaflet

1. What Buscomint Peppermint oil, capsules is and what it is used for
2. What you need to know before you take Buscomint Peppermint oil, capsules
3. How to take Buscomint Peppermint oil, capsules
4. Possible side effects
5. How to store Buscomint Peppermint oil, capsules
6. Contents of the pack and other information

1. What Buscomint Peppermint oil, capsules is and what it is used for

Buscomint Peppermint oil, capsules is a herbal medicinal product which is used to relieve the symptoms of abdominal pain, minor spasms of the gastrointestinal tract (cramps), and flatulence (bloating), especially in patients with irritable bowel syndrome.

Buscomint Peppermint oil, capsules is indicated for use in adults and adolescents 12 years of age and above (who weigh at least 40 kg or at least 6 stone).

You must talk to a doctor if you do not feel better or if you feel worse after two weeks.

2. What you need to know before you take Buscomint Peppermint oil, capsules

Do not take Buscomint Peppermint oil, capsules:

If you are allergic to peppermint oil or menthol or any of the other ingredients of this medicine (listed in section 6)

If you suffer from liver disease, infection of the bile duct, reduced gastric acid production, gallstones or any other biliary disorders.

If you weigh less than 40 kg (6 stone) bodyweight, because of safety concerns.

Buscomint Peppermint oil, capsules must not be used in children under 12 years of age and adolescents with less than 40 kg (6 stone) bodyweight because of safety concerns.

Warnings and precautions
Talk to your doctor or pharmacist before taking Buscomint Peppermint oil, capsules:
If you already suffer from heartburn (acid ingestion) or hiatus hernia (protrusion of the upper part of the stomach) symptoms can sometimes worsen after taking Buscomint Peppermint oil, capsules. In this case the treatment should be discontinued.

The capsules must be swallowed whole i.e. not broken or chewed because the peppermint oil inside the capsules can cause local irritation of the mouth and gullet (oesophagus).

Check with your doctor or pharmacist immediately if unexplained abdominal pain persists or worsens, or occurs together with symptoms like fever, jaundice, vomiting, changes in bowel movement frequency, severe constipation, unintended weight loss or blood in your stools.

Children and adolescents
Buscomint Peppermint oil, capsules must not be used in children under 12 years of age and adolescents with less than 40 kg (6 stone) bodyweight because of safety concerns (see section “Do not take Buscomint Peppermint oil, capsules”).

Other medicines and Buscomint Peppermint oil, capsules
No interaction studies have been performed.

Tell your doctor or pharmacist if you are taking/using, have recently taken/used or might take/use any other medicines, including any obtained without a prescription.

Tell your doctor or pharmacist before starting to take these capsules, if you are taking any of the following medicines:

Other medicinal products used to decrease stomach acid, like histamine-2 blockers, proton pump inhibitors or antacids which may cause the coating of the capsule to dissolve prematurely and should be avoided.

Buscomint Peppermint oil, capsules with food
The capsules should be taken with liquid 30 minutes before a meal to avoid early release of the capsule content.

Pregnancy and breast-feeding
If you are pregnant or breast-feeding, think you may be pregnant or are planning to have a baby, ask your doctor for advice before taking this medicine.

Pregnancy
Safety during pregnancy has not been established. In the absence of sufficient human data, it is not recommended to take Buscomint Peppermint oil, capsules during pregnancy.

Breast-feeding
Data suggest excretion of peppermint oil constituents / metabolites like 1,8 cineol in human milk. A risk to the newborns/infants cannot be excluded. Buscomint Peppermint Oil, capsules should not be used during breast-feeding.

Driving and using machines
No studies on the effect on the ability to drive and use machines have been performed.

Buscomint Peppermint oil, capsules contains sodium
This medicine contains less than 1 mmol sodium (23 mg) per dosage unit, that is to say essentially “sodium-free”.

3. How to take Buscomint Peppermint oil, capsules

Always take this medicine exactly as described in this leaflet or as your doctor or pharmacist has told you. Check with your doctor or pharmacist if you are not sure.

The recommended dose is:
Adults and adolescents over 12 years of age who weigh at least 40 kg (6 stone): One gastro-resistant capsule 3 times a day.

Use in children and adolescents:
Buscomint Peppermint oil, capsules **must not be administered** to children under 12 years of age and adolescents weighing less than 40 kg (6 stone) bodyweight (see “Do not take Buscomint Peppermint oil, capsules”).

Method of administration
For oral use.
The capsules must be swallowed whole with liquid i.e. not broken, crushed or chewed. They should be taken 30 minutes before a meal.

Duration of use
Buscomint Peppermint oil, capsules should be taken until symptoms resolve, usually within one or two weeks. You must talk to a doctor if you feel worse, or do not feel better after two weeks.

If your symptoms persist, the capsules can be continued for periods up to 3 months per treatment course.

If you take more Buscomint Peppermint oil, capsules then you should
Overdose may cause
- severe gastro-intestinal symptoms, diarrhoea, rectal ulceration, nausea
- epileptic convulsions, loss of consciousness, apnoea (cessation of breathing)
- disturbances in rhythms of the heartbeat
- lack of coordination and other problems with the central nervous system

If you take more Buscomint Peppermint oil, capsules than the recommended dose, talk to your doctor or go to a hospital straight away and take this leaflet with you.

If you forget to take Buscomint Peppermint oil, capsules
Do not take a double dose to make up for a forgotten dose, take your usual dose at the usual time.

If you have any further questions on the use of this medicine, ask your doctor or pharmacist.

4. Possible side effects

Like all medicines, this medicine can cause side effects, although not everybody gets them.

If you experience the following effects, stop taking the capsules and seek medical help immediately:
- allergic reactions to menthol e.g.anaphylactic shock, abnormally slow heart beat (bradycardia), red skin eruptions (erythematous skin rash), trembling (muscle tremor), lack of coordination (ataxia), and headache

Other effects that may occur include:
- blurred vision
- acid indigestion (heartburn), perianal burning
- nausea and vomiting
- menthol odour in stools and urine
- inflammation of the glans of the penis
- painful urination (dysuria)
- dry mouth

The frequency of the effects occurring is not known.

Reporting of side effects

If you get any side effects, talk to your doctor, or pharmacist This includes any possible side effects not listed in this leaflet. You can also report side effects directly via the Yellow Card Scheme at: www.mhra.gov.uk/yellowcard or search for MHRA Yellow Card in the Google Play or Apple App Store. By reporting side effects you can help provide more information on the safety of this medicine.

5. How to store Buscomint Peppermint oil, capsules

Keep this medicine out of the sight and reach of children.

Keep blisters in the outer carton in order to protect from light.

Do not use this medicine after the expiry date which is stated on the carton and the blister after EXP. The expiry date refers to the last day of that month.

6. Contents of the pack and other information

What Buscomint Peppermint oil, capsules contains

The active substance is peppermint oil.

Each gastro-resistant soft capsule contains 0.2 ml (=181.6 mg) of *Mentha x piperita* L., aetheroleum (peppermint oil)

The other ingredients are:

Capsule shell:
gelatin, glycerol, purified water, iron oxide yellow (E 172), brilliant blue FCF (E 133), Triglycerides, medium chain, sunflower lecithin.

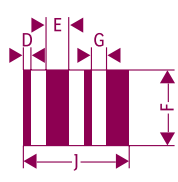
pack2edit
Digital · Packaging · Development

Opella.

File information	
GMID code:	740882, 740883
Plant PM code:	10055800
Second Plant PM code:	51766954
Version of artwork:	V1
PM type:	PI
Market:	GB
Format:	180 x 600 mm
Issue date of artwork:	16/Apr/2026
Print colors:	Pan Black
Number of print colors:	1
Used font:	Gotham
Min. font size:	10 pt

Technical colors					
Diecut-Legendcase		Free area		Glue points	

Additional Requirements of Packaging Site
Template number: 9690-TD-PI-LX-PX-180x600-V01
Dimension: 180 x 600 mm
Created by pack2edit



MASS D 0,5 mm
MASS E 1,5 mm
MASS G 1,0 mm
MASS F 8,0 mm

Example
Technical information control code

Coating:
methacrylic acid – ethyl acrylate copolymer (1:1) dispersion 30 per cent, triethyl citrate, glycerol monostearate 40-55, polysorbate 80, sodium dodecyl sulfate

What Buscomint Peppermint oil, capsules looks like and contents of the pack

Buscomint Peppermint oil, capsules are dull, green-coloured, oval-shaped soft capsule containing a colourless, pale yellow or pale greenish-yellow liquid

Buscomint Peppermint oil, capsule is available in blister packs of 6, 12, 24, 48 or 96 soft capsules.

Not all pack sizes may be marketed.

Marketing Authorisation Holder and Manufacturer

Marketing Authorisation Holder:
Sanofi
410 Thames Valley Park Drive
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Tel: 0800 035 2525
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Manufacturer:
Dragenopharm Apotheker Pueschl GmbH
Göllstraße 1
84529 Tittmoning
Germany

This medicine is authorised in the Member States of the European Economic Area and in the United Kingdom (Northern Ireland) under the following names:

Austria:	Buscomint 0,2 ml Reizdarmkapseln
Germany:	Buscomint bei Reizdarm 0,2 ml magensaftresistente Weichkapseln
Hungary:	Entero-Spa 0,2 ml gyomornedv-ellenálló lágy kapszula
Italy:	BUSCOIBS 0,2 ml capsule molli gastroresistenti
Portugal:	Buscomint 0,2 ml cápsula mole gastroresistente
United Kingdom (Northern Ireland):	Buscomint Peppermint oil 0.2ml gastro-resistant capsule, soft

This leaflet was last revised in March 2026.

For a large print, Braille or audio version of this leaflet please telephone: 0800 035 2525

MORE INFO

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